

Russ Bowen

Russ is a PSA member and a certified ski instructor. He was the Eastern Junior Dance Champion and placed 2nd at Nationals. He also competed in National Sr. dance. He has passed his Gold dances, Silver Free Dance and is working on the International Dances.

Vera Bowen

Vera has over forty years of experience coaching figures, freestyle, dance, free dance and moves in the field exercises. Additionally, she has taught power skating skills for hockey players. Her students have achieved Gold Medals in Figures, Freestyle & Dance, National Junior Dance Championships, Multiple National Senior Dance Competitors, Junior Worlds Dance and International Dance competitors.

Freestyle students competed Regional and Sectional events.

Vera is a PSA member with a Master Rating and Level 5 and A National Jr. Dance Champion

Sharie Elrick

Sharie is a member of the PSA and a Master rated professional in Group. She is Senior rated in Moves in the Field, a Certified rated professional in dance and a

Registered rated professional in Freestyle. She also has a Level 2 Power Skating certificate. Sharie has 18 years teaching experience and skated with the Corps de Ballet of Ice Capades. She is a professional with Vermont Children's Theatre on Ice and a power skating instructor for the South Burlington Girls High School Hockey team.

Nancy Fillebrown

Nancy has passed the 7th Figure and Freestyle tests and the Silver Dances. A professional for Vermont Children's Theatre on Ice and a member of the PSA, she has coached recreational and competitive skaters in Vermont for 24 years.

Martha Harding

Martha is a member of the PSA and a master rated professional in Figures, Freestyle, Moves in the Field, and Group, and a registered rated professional in team skating. She has passed her 8th Figure, Senior Freestyle, and Silver Dance tests, and has 30 years experience teaching all levels of skating. Martha is the head coach

for the Ice Crystals Synchronized Skating Team and a staff professional for Vermont Children's Theatre on Ice.

Angela MacDonald-Timpone

Angela is a member of the PSA and is a Certified Rated Professional in Group. She has passed the ISI 4th Figure and Freestyle tests as well as the USFSA Preliminary, 1st Figure and Silver Dances. She has taught in Vermont for 11 years and is an assistant coach for the Ice Crystals Synchronized Skating Team.

Patricia Stokowski

Pat is a Gold medalist in ice dance and a University of Vermont professor. A member of the USFSA and PSA, she specializes in teaching all levels of ice dance. Her students range in age from children to adults, and she has taught both recreational and competitive ice dancers for 20 years.

Jen Thygesen

Jen is PSA member who has passed her Novice Freestyle, Junior Moves and is working on her Senior Moves in the Field. Jen competed regionally in Freestyle. She has been teaching in the Vermont area for 6 years.